



InterPlay®: A Creative Practice For Our Times Edinburgh, Scotland ~ 6-11 March 2012

You are invited to participate in a series of workshops exploring the creative practice of InterPlay® - a movement, storytelling, voice and community-building practice with a focus on ease, connection, reflection and play.

Tuesday, 6 March 2012 – Introducing InterPlay: A Creative Practice For Our Times

- 10:00am – 12:00pm – (venue
tbc)

- 5:00 – 6:30pm – *Pearce
Institute, 840 Govan Road,
Glasgow G51 3UU*

InterPlay is a movement and storytelling practice based in incremental “forms” that integrate body, mind, heart and spirit. Since 2004, we have offered workshops across the UK, promoting a shared language of play, contact and connection that helps individuals and communities tap into their resources and resilience. Life has become so fragmented. InterPlay helps to pull everything back together so we get more of what we want. Imagine what it would be like to feel one’s body, mind, heart and spirit “together again at last”. This workshop will introduce the basics of InterPlay with gentle, guided activities, sharing, and lots of relaxation and laughter.

Wednesday, 7 March 2012 – Introducing InterPlay: Ease Into Connection and Community

7:00 – 9:00pm – *St James's
Church Hall, Rosefield Place,
Portobello, Edinburgh EH15*

Play around the world is sanctioned for children, but as adults those children we once were long for that more playful time. InterPlay helps provide a space for this. A community of people around the world who speak the shared language of a wide and deep variety of play, InterPlay is a body of bodies who enjoy contact and connection with safe and facilitated activities and respect for boundaries. This introductory workshop will present a variety of InterPlay “forms” with an emphasis on how they can be tools to help foster community through storytelling, movement, voice, stillness and connecting with each other.

Thursday, 8 March 2012 – InterPlay: Having Movement, Stillness and Contact

10:00am – 12:00pm – *Gillis
Centre, 100 Strathearn Road,
Edinburgh EH9*

No dance or any other movement experience required, come as you are to learn InterPlay’s tools for moving the body, in whatever way your particular body needs and wants. Within the landscape of movement are points of both stillness and contact. In this workshop we will explore movement – and its accompanists of stillness and contact – as vital and unique to us all. This workshop will introduce the InterPlay concepts of movement, stillness and contact, and will explore these forms as alternative ways to express our stories.

InterPlay: Having Our Words and Our Voice

2:00 – 4:00pm – *Gillis Centre*

Come and experience storytelling and voice through InterPlay. We are each full of many life stories, and accessing them can create a greater sense

of connection to ourselves, each other and our world. In easy, incremental activities, we will play with words, sounds, and the spaces in between, and explore the non-word ways we can share stories. This workshop will introduce the basic storytelling and vocalising forms of InterPlay.

Saturday, 10 March 2012 – InterPlay for Performance, Part 1: Embodied Expression for Storytelling & Presenting

10:00am – 1:00pm – (venue tbc)

This workshop will build on the storytelling forms introduced throughout the week and go deeper into what it means to experience “embodied expression”, whether we wish to share stories or hone our presentation skills. Though there will be an aspect of building on previous InterPlay experience, newcomers are welcome to join in.

InterPlay for Performance, Part 2: Easing Into Performance – For those who wish to participate in the evening performance

2:00 – 5:00pm – (venue tbc)

The words “performance” and “ease” are rarely linked in our society. Performance can evoke fear, intensity of preparation, and thoughts of judgement. What if performance could be done – and experienced – differently? This workshop will introduce the ideas behind InterPlay for performance, and how we can structure, present and experience performance with greater ease. An “easy plan” for the evening’s performance will be created.

An Evening of Shared Storytelling and Movement

7:00 – 9:00pm – (venue tbc)

(InterPlay performance)
Participants must have attended Saturday afternoon workshop.


Come and experience the fun, humour and expression that make up an InterPlay performance. Willing participants from the week’s workshops will share stories from their body wisdom through facilitated InterPlay forms, with audience interaction.

Sunday, 11 March 2012 On Behalf of InterPlay: Celebration and Stillness

For participants of any of the week’s workshops

1:30 – 4:00pm – St James’s Church Hall, Rosefield Place, Portobello, Edinburgh EH15

This relaxing workshop is specifically for participants of any of the week’s workshops to come together and celebrate their discoveries and connections, rest and hang out through InterPlay, and affirm the possibilities of bringing InterPlay forward into our lives.

<p>Costs:</p> <ul style="list-style-type: none"> ➤ Workshop costs: 1 for £20; 2 for £35; 3 for £50; 4 for £65; 5 for £80 ➤ Entire March series (7 workshops) and optional participation in performance: £100 ➤ Performance: suggested freewill offering of £10 (free to participants) ➤ Concessions are available. No one will be put off for lack of funds. 	<p>Venues & Contacts:</p> <ul style="list-style-type: none"> ➤ For updates on venues & tickets: www.mairicampbell.com ➤ Mairi Campbell – Organiser – hello@mairicampbell.com, 07988 894 334 ➤ Caroline Kisiel – Facilitator & Regional Contact for InterPlay-UK – carolinakintheuk@gmail.com ➤ InterPlay Website: http://www.interplay.org/
<p>About the Facilitator:</p> 	<p>Caroline Kisiel, MA, MRes, PhD, Certified InterPlay® Leader, has led workshops around the UK since 2004. An InterPlay® practitioner for over 15 years, Caroline has done master’s work in interdisciplinary arts combining writing, imagery and performance work, and has taught in the training and development field for 14 years in the subjects of creativity and diversity in the workplace, teambuilding, leadership, organisational change, and presentation skills. Caroline pursued postgraduate work in humanities, cultural studies and literature (Universities of London and Essex) while living in the UK from 2003-2008, during which time she led an ongoing InterPlay® workshop. Based in Chicago, she considers herself an interdisciplinary and multicultural writer and educator with a wide background that has allowed her to cultivate an understanding of creativity, culture and society. Continually experimenting with how InterPlay intersects with all of her work, Caroline is passionately interested in the arts as a way toward cross-cultural understanding. One of her most favourite things is to watch the magic of InterPlay® help others to unlock their own stories and make connections with contact and ease.</p>