



A Creative Practice For Our Times Edinburgh, Scotland ~ 15-22 May 2012

You are invited to participate in a series of workshops and a weekend retreat exploring the creative practice of InterPlay® - a movement, storytelling, voice and community-building practice with a focus on ease, connection, reflection and play.

Tuesday, 15 May 2012 –
Embodied Storytelling An
InterPlay Workshop
- 7:00pm – 9:00pm – Scottish
Storytelling Center, 43-45 High
St., Edinburgh EH1 1SR

InterPlay teaches simple yet powerful forms for creating in the moment with our life experiences. It is empowering to take the stuff of our lives and create from it a work of art that is witnessed by others. In this workshop, you'll play with these tools for telling your story with power and fullness. We'll also engage with some InterPlay practices for making life easier day to day - like looking for the good and attending to our body wisdom. No prior experience of any kind is needed for this workshop – just a spirit of willingness.

£20*

Thursday, 17 May 2012 –
Freeing Our Voices – An
InterPlay Workshop
7:00pm – 9:00pm –
Boroughmuir High School,
Viewforth, Edinburgh EH10
4LR

Many of us have had our voices suppressed by cultural expectations about singing and using our voices. InterPlay encourages us to explore and have our voices more fully through improvisational vocal play. In this InterPlay workshop we will play with sound and rhythm, experiment with range and expression and discover more vocal fullness as we create music together in the moment. No previous singing experience required! Whether your goal is to create more fullness in your voice or to sing improvisationally, this workshop is for you!

£20*

Fri. – Sun, 18-20 May 2012 –
The Power of Play – An
InterPlay Intensive Retreat...
Active, creative, life-changing
fun!
Fri. 7:00pm – Sun 1:00pm –
Lismore, Argyle, PA34

This Intensive InterPlay Retreat will gently immerse you in the creative, joyful practices of InterPlay that can bring more connection and ease into your life. In InterPlay you will find new access to your stories, movement and voice and experience the powerful integration of mind, body, heart and spirit.

At an InterPlay Intensive you can expect to laugh, play, connect and explore; create, savor, minimize stress & maximize ease; discover your hidden resources; be surprised by what you can do.

£75*

(*Concessions are available, no one will be put off for lack of funds.)

Tuesday, 22 May 2012

Building Community with InterPlay

5:00pm – 6:30pm – *Pearce Institute, Govan Road, Glasgow G51 3UU*

InterPlay is based in art and creativity in community. It is hard to imagine InterPlay as a solitary practice. And as we play with others with

movement, story and vocalizing with no wrong way to do it, we create the conditions for reaching a deep sense of belonging very quickly. We begin to understand that, yes, we are all different but yes, we are all the same too. The simple playful yet profound ideas and practices of InterPlay create bridges across the

deepest chasms of gender, ethnicity, age and culture, and make living together more interesting, more beautiful and more fun! In these times of rapid global change, InterPlay in community helps us to overcome anxiety and stress and find grace and meaning in our lives.

*(*Concessions are available, no one will be put off for lack of funds.)*

Contacts:

- For updates on venues & tickets: www.mairicampbell.com
- Mairi Campbell – Organiser – hello@mairicampbell.com, 07988 894 334
- Ginny Going & Tom Henderson – Event Leaders – interplaync@nc.rr.com
- Caroline Kiesel – Regional Contact for InterPlay-UK – carolinakintheuk@gmail.com
- InterPlay Website: <http://www.interplay.org/>

About the Leaders:



Ginny Going and Tom Henderson are master InterPlay® teachers, retreat leaders, performance artists and organizational consultants. They founded and Tom is artistic director of Off The Deep End Ensemble, an InterPlay®- based performance group. Using accessible practices and ideas from InterPlay, Ginny and Tom invite people to rediscover the wisdom of the body through movement, story, song and stillness. They have taught, consulted and performed internationally in their 20-year collaboration. They are partners in marriage and “recovering serious people”.